



**eat raw**  
**not cooked**

Only 30 USD/person  
Reservations are suggested  
as we have limited seats.

## THE BEE FARM UNCOOKING CLASS - RECONNECT TO THE RAWNESS OF LIFE

### Enjoy Bee-ing Raw party!

A two - hour class discovering the authentic heart of Vietnamese food & culture in some most simple raw dishes with Phu Quoc Bee Farm soulful style.

It's not a "how-to" class but much deeper & richer. You will understand Vietnam better, get some tips to enhance your well-being. Knowing how we can heal ourselves and the earth with food. Immersing in a little paradise - our Bee Garden & buzzing with peace & joy.



Reservation:

Ms. Linh: +84966663365

Email: phuquocbees@gmail.com

You'll look at living food and yourself like never before.

You'll learn to make Rock&Raw Bee Dancing Rolls and more. Ready for A LOT of fun!

Part 1: Stories "Real & Raw Vietnam in a Roll"

+ A spice & herb garden tour for insight on raw food and local culture.

Part 2: Learn to make some awesome Bee Raw Dishes.

Part 3: Enjoy the fruit of your "labor",

herbal drinks with raw honey.

Get some raw gifts to bring back home!